

NRX® Finger Flexion

Material

NRX® Strap 110

1



The finger part should be at least 6–7 cm wide depending on the circumference of the finger, the length should at least 10 cm long. The lower part should wrap around the finger with a slight overlap. If you need to provide flexion for more fingers, cut more parts according to the pattern.

2



Use the remaining part of the 110 mm material to cut the wrist cuff. Slid the end with two separate parts, this will make the application easier.



3



Apply strap around the finger. Make sure that the surface of the material cover the slightly below the DIP-joint if possible and leave the finger tip open. Secure the application with two smaller hook strips.

Caring instructions

The NRX® strap can be washed in 40° C machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.

4



Test the skin grip by pulling the tab and make sure that the application doesn't slip. Pull the strap towards the wrist cuff and attach. Since the cuff doesn't restrict volar flexion it could also be a good idea to use a volar wrist brace to stabilize the wrist. We recommend using the MR2229 or the TFC101 since the strap can be applied directly over the surface.

5



If you need to involve more fingers, just continue to build a multiple application for the other fingers. Make sure to check distal circulation and skin condition of the finger during the application to not cause any edema or any skin reaction. After a few days it might be a good idea to clean the inside of the finger part with disinfection alcohol in order to remove residues on the surface.

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