

Finger Extension Support

Material

NRX[®] 50 mm + 1 hook tab

1



Cut a the NRX[®] 50 mm strap in the circumference length of the finger plus 2 cm

2



Apply the NRX[®] 50 mm strap around the finger with the fold on the dorsal side and attach with the hook part. For additional flexion support you can add another hook part on the palmar side of the strap. That will provide more flexion control.

3



If you want the PIP joint to be free, simply make a cut-out for the joint in the NRX[®] strap. Trim the width of the hook so the fit the strips on the NRX[®] part.

4



Fold the NRX[®] material around the joint and secure it with the hook parts.

Caring instructions

The NRX[®] strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.